

The No More *desperate* Moms Resolution

If I am a mom of little ones...

I will choose to celebrate each day with my children as *gifts from God*.

I will *remember* that I am not alone in my feelings of inadequacy.

I will remember to accept my limitations *with grace*.

I will remember that one day, *this season* of little ones will be over.

I will commit to making *my relationship with my spouse* (if applicable) *a priority*, knowing we are partners in the raising of the eternal souls in our care.

I will pursue *friendships* with other moms.

I will not feel guilty for taking time for myself to *refresh my soul*.

I will fill myself with *good things* in order to keep growing as a person.

I will talk to my children about the *importance of serving others*.

I will not compare myself with other moms, but instead be the mom *God made me to be*.

I will *remember the hard years* of raising little ones so that one day I will help a mother of little ones. I will *do for another mom* what I wish someone would have done for me.

I will remember to look my babies in the eye, nibble their toes, nuzzle in their necks, dance with them, giggle with them, and *remember in whose image they were created*.

If I am past the little years and my children are grown...

I will commit to *teaching* a young mom how to *walk with God* and *read His word* every day.

I will “adopt” a young mom who doesn’t have a mom, and I will *mentor her and love her*.

I will commit to take a mom of little ones a *meal* from time to time.

I will commit to offer to *watch* a mom’s little ones once a month.

I will commit to doing an *act of service* for a mom with little ones once a month (laundry, dishes, general cleaning).

I will *encourage* my older daughters to *serve* young moms.

I will remember to tell women to accept their limitations *with grace*.

I will remember that I am *raising generations* by helping and loving moms so they can *persevere* in the noble call of motherhood.

I will *do* for a young mother what I wish someone would have done for me.